# Comprehension Worksheet – Class VII

## The Quiet Helper

In a small village surrounded by fields and narrow roads, lived a boy named Rohan. He was not the loudest student in his class, but he was known for his calm nature and helpful attitude. Every morning, Rohan noticed an elderly woman struggling to cross the busy road near his school.

Instead of ignoring the situation, Rohan decided to help. He would stand beside her, stop the traffic, and guide her safely across the road. He did this quietly every day without expecting thanks or praise.

One afternoon, a teacher observed Rohan's actions and shared the story during the school assembly. Students realized that real courage does not always come with noise or attention. Sometimes, small acts done with care can make a big difference in someone's life.

## Questions

1. Where did Rohan live?


2. What difficulty did the elderly woman face every day?


3. How did Rohan help the woman?


4. Why did Rohan not receive attention at first?


5. Who noticed Rohan's actions later?

_____

_____

6. What lesson did the students learn from Rohan's story?

_____

_____

## Vocabulary

7. Find a word from the passage that means **"not loud or noticeable."**

_____

8. Find a word from the passage that means **"helpful and caring."**

_____

# MATHS

● Design a **Maths Game Board** based on your project topic
(Example: Fractions, Integers, Time, Data Handling).

# SCIENCE

● Create a **comic strip** showing the **journey of food from mouth to stomach**.
(Use an art sheet and label each part clearly.)

# SOCIAL SCIENCE (SST)

1. Choose **any one historical period**:

   ○ Ancient India

   ○ Medieval India

○ Freedom Movement

Write **5 diary entries** as:

- A student

- A worker

- A ruler

- A traveller

- A child

2. Prepare your **Integrated Project presentation** for the exhibition.


# COMPUTER SCIENCE

● Write a **thank-you message** to your teacher/mentor explaining how they guided you.
 ● Type the message using **MS Word**.
 ● Write a short **email** to your teacher expressing gratitude.


# ART & CRAFT

Create a **colourful poster** with a strong slogan on **any ONE topic**:

- Zero Garbage

- Water Saving

- Electricity Saving

- No Littering

- Save Trees

- Reduce Plastic Use

- Recycling

- Climate Change Awareness

- Wildlife Conservation